TOO Avicenna Export

010000, Kazakhstan. Astana / B. Momyshuly ave 2V NP 1A

BIN: 220840027779

Certificate of Quality and Safety No: 031026/2

(October 3rd 2026)

Technical Standards 9345-037-29875423-03

Name of Product: Dietary Supplement "**Vitadote Shilajit Tablets / (Mumijo)**" aka Siberian Healer

Net Weight: 24g Tablets (pressed from thick resin) tablets in blisters SKU = VDTAB24

Qty: 5 x 24g = 120g ; **Batch No:** VD202610

Manufacture Date: October 1st 2026 / **Expiration Date:** October 1st 2030

Normative Documents: Technical conditions 377-029-14729213-05; Technical Regulations of the Customs Union « On the safety of Food Products» TR CU 021/2011

TECHNICAL SPECIFICATION

Name of Indicators, Ingredients	Results	Permissible Levels	Test Method
Heavy metals; Microbial attributes; Authenticity			
Lead mg/kg	0.018	not more 6	GOST 26929-94
Cadmium mg/kg	0.022	not more 1	GOST 26929-94
Arsenic mg/kg	0.038	not more 12	GOST 31628-2012
Mercury mg/kg	Less 0.002	not more 1	GOST 34427-2018
Heptachlor mg/kg	Not detected	not more 0.01	MU 2142-80
Aldrin mg/kg	Not detected	not more 0.01	MU 2142-80
Pathogenic flora, including salmonella, in 10,0 gm.	Not detected in 10 gm	Not allowed in 10 gm	GOST 31659-2012
Quantity of Mesophilic Aerobic and Facultative Anaerobic Microorganisms, CFU/gm not more than	Less $1x10^2$	not more $1x10^4$	GOST 10444.15-94
Pathogenic Bacteria (coliform) in 0,1 gm.	Not detected in 0.1 gm	Not allowed	GOST 31747-2012
Staphylococcus Aureus in 1 gm	Not detected in 0.1 gm	Not allowed	GOST 31747-2012
B.cereus, CFU/gm not more than	Not detected in 200 gm	not more $2x10^2$	GOST 10444.8-2013
Yeast and mold CFU/gm not more than	Less 10	not more 10	GOST 10444.8-2013
Test for authenticity	Authentic	Authentic	
Taste	Conforms	Viscous mass with smooth shiny surface,	
Colour	Conforms	Bitter – tart; Typical resinous	

Metal report and Chemical elements

Name	Results	Test Method	Name	Results	Test Method
Beryllium mg/kg	Less 0.01	PND F 16.1:2.3:3.11-98	Silver mg/kg	65	PND F 16.1:2.3:3.11-98
Vanadium mg/kg	2.0	PND F 16.1:2.3:3.11-98	Thallium mg/kg	Less 0.1	PND F 16.1:2.3:3.11-98
Tungsten mg/kg	34.5	PND F 16.1:2.3:3.11-98	Tellurium mg/kg	Less 0.1	PND F 16.1:2.3:3.11-98
Lanthanum mg/kg	1.4	PND F 16.1:2.3:3.11-98	Titanium mg/kg	15.0	PND F 16.1:2.3:3.11-98
Tin mg/kg	Less 0.1	PND F 16.1:2.3:3.11-98	Aluminum mg/kg	185	PND F 16.1:2.3:3.11-98
Barium mg/kg	7.6	PND F 16.1:2.3:3.11-98	Magnesium mg/kg	9600	PND F 16.1:2.3:3.11-98
Boron mg/kg	75	PND F 16.1:2.3:3.11-98	Manganese mg/kg	14	PND F 16.1:2.3:3.11-98
Bismuth mg/kg	0.3	PND F 16.1:2.3:3.11-98	Copper mg/kg	4.5	PND F 16.1:2.3:3.11-98
Iron mg/kg	2950	PND F 16.1:2.3:3.11-98	Molybdenum mg/kg	0.21	PND F 16.1:2.3:3.11-98
Potassium mg/kg	1780	PND F 16.1:2.3:3.11-98	Sodium mg/kg	1450	PND F 16.1:2.3:3.11-98
Calcium mg/kg	7450	PND F 16.1:2.3:3.11-98	Nickel mg/kg	265	PND F 16.1:2.3:3.11-98
Cobalt mg/kg	0.15	PND F 16.1:2.3:3.11-98	Selenium mg/kg	0.3	PND F 16.1:2.3:3.11-98
Lithium mg/kg	0.5	PND F 16.1:2.3:3.11-98	Antimony mg/kg	Less 0.1	PND F 16.1:2.3:3.11-98
Chorm mg/kg	Less 0.1	PND F 16.1:2.3:3.11-98	Phosphorus mg/kg	244	PND F 16.1:2.3:3.11-98
Zinc mg/kg	46	PND F 16.1:2.3:3.11-98			

Vitamin Report and Quality indicators					
Name	**Results**	**Test Method**	**Name**	**Results**	**Test Method**
Vitamin B1 g/kg	Less 0.5	M-04-72-2011	Vitamin B6 g/kg	Less 1	M-04-72-2011
Vitamin B2 g/kg	1.9	M-04-72-2011	Vitamin BC g/kg	Less 5	M-04-72-2011
Vitamin B3 g/kg	Less 5	M-04-72-2011	Vitamin A mg/kg	0.5	M-02-1006-08
Vitamin B5 g/kg	Less 10	M-04-72-2011	Vitamin D3 mg/kg	1.9	M-02-1006-08
Vitamin B12 g/kg	0.4	M-02-1006-08	Vitamin E mg/kg	15.6	M-02-1006-08
Alanine mg/100gm	620	MVI.MN 1363-2000	Lysine mg/100gm	108	MVI.MN 1363-2000
Arginine mg/100gm	2.1	MVI.MN 1363-2000	Proline mg/100gm	145	MVI.MN 1363-2000
Aspartic acid mg/100gm	Less 1	MVI.MN 1363-2000	Serine mg/100gm	745	MVI.MN 1363-2000
Valine mg/100gm	164	MVI.MN 1363-2000	Tyrosine mg/100gm	6.2	MVI.MN 1363-2000
Histidine mg/100gm	10	MVI.MN 1363-2000	Threonine mg/100gm	45	MVI.MN 1363-2000
Glycine mg/100gm	920	MVI.MN 1363-2000	Tryptophan mg/100gm	250	MVI.MN 1363-2000
Glutamic acid mg/100gm	26.5	MVI.MN 1363-2000	Phenylanine mg/100gm	44	MVI.MN 1363-2000
Isoleucine mg/100gm	10.7	MVI.MN 1363-2000	Cystine mg/100gm	314	MVI.MN 1363-2000
Methionine mg/100gm	2.1	MVI.MN 1363-2000			
Leucine mg/100gm	36	MVI.MN 1363-2000	Moisture %	9.2	GOST 24027-80
Fulvic Acid %	80.9	R 4.1.1672-03 P3	Humic acid %	8.36	R 4.1.1672-03 P3

Nutritional Report		
Name	**Results**	**Test Method**
Protein (g / 100g)	32.0	CF003.1 - Determination of Crude Protein by Combustion
Fat (g / 100g)	6.4	CF004.2 - Determination of Crude Fats and Oils by Acid Hydrolysis
Saturated Fat (g / 100g)	6.4	CFH068 - Determination of Fatty Acid Composition in Foods
Mono-unsat Fat (g / 100g)	Less 0.1	CFH068 - Determination of Fatty Acid Composition in Foods
Poly-unsat Fat (g / 100g)	Less 0.1	CFH068 - Determination of Fatty Acid Composition in Foods
Trans Fat (g / 100g)	Less 0.01	CFH068 - Determination of Fatty Acid Composition in Foods
Total sugar (g / 100g)	Less 0.1	CFH001.1 - Determination of Sugar Profile by HPLC
Total Carbohydrate (g / 100g)	15.9	CF029.2 - Total Carbohydrate (inc. Dietary Fibre)
Dietary Fiber (g / 100g)	0.1	CF029.2 - Total Carbohydrate (inc. Dietary Fibre)
Energy (kj 100 g)	1051	CF030.2 - Energy of Foods (inc. Dietary Fibre)
Cholesterol (g / 100g)	Less 0.01	CFH064 - Determination of Cholesterol in Foods
Radionuclides		
Name	**Results**	**Test Method**
Strontium specific activity Bk/kg	Less 10	GOST 32163-2013

Dietary Supplement "Vitadote Shilajit Tablets / (Mumijo)" VDTAB24 aka Siberian Healer batch No VD202610, conforms with requirements of technical conditions 9345-037-29875423-03 and requirements of Technical Regulations of the Customs Union «On the safety of Food Products» TR CU 021/2011

Laboratory name: Federal State Budgetary Institution «Altai central scientific and methodological veterinary laboratory»

Laboratory accreditation certificate ISO/IEC 17025: РОСС RU.0001.21ПШ40

Production and control engineer

Darmokrik Mikhail

October 5th 2026

Signature